

“INVESTIGACIÓN Y ESTRATEGIAS COMERCIALES”

**SEMINARIOS DEL PROGRAMA DE DOCTORADO EN SALUD PÚBLICA, CIENCIAS
MÉDICAS Y QUIRÚRGICAS
Universidad Miguel Hernández de Elche**

Martes 14 de mayo de 2019, a las 17:00 horas

SALÓN DE ACTOS DEL EDIFICIO RAMÓN Y CAJAL (INSTITUTO DE NEUROCIENCIAS)

PONENTE: Juan Pablo Rey-López



Juan Pablo Rey-Lopez obtained a Bachelor in Physical Activity and Sport Sciences in the University of Lerida (Spain). In 2011, he completed a PhD on sedentary behaviours in European adolescents at the University of Zaragoza (Spain). Between 2012-2014 he was based at University of Sao Paulo (Brazil) as post-doctoral fellowship where he worked in several systematic reviews related with the prevalence of metabolically healthy obesity as well as the observational evidence linking sedentary behaviours with health outcomes.

In 2015, he worked as assistant researcher in the School for Policy Studies, University of Bristol (UK). In January 2016, he moved to the University of San Jorge (Spain) as Lecturer in Physical Activity and Sports Sciences. In August 2016, he was awarded with a second post-doctoral fellowship by the University of Sydney (Australia) to study the influence of incidental physical activity on human health.

Research interests

Juan Pablo Rey-Lopez works in epidemiological and intervention studies investigating how lifestyles (physical activity, sedentary behaviour, sleep, dog ownership) influence cardiometabolic health, cancer incidence, mental wellbeing and mortality risk; and the role of socioeconomic status on these lifestyle health behaviours and their health effects.