

Más información sobre el ponente

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- Principal Investigator (PI) CIBER-OBN, Nutritional Epidemiology group
- PI, SUN cohort, 23.000 participants (<http://medpreventiva.es/xZd6Hh>).
- Coordinator, PREDIMED Research Network (www.predimed.es)
- > 650 published research papers, <http://medpreventiva.es/htVq7E>
- h-index=108 google (goo.gl/P5B0ml), times cited > 45,000

Prof Martínez-González is the Principal Investigator of the SUN project (prospective dynamic cohort study investigating Mediterranean diet and chronic disease with around 23,000 participants and mean follow-up >10 years) and Coordinator of the PREDIMED Research Network. PREDIMED conducted the first randomized primary cardiovascular prevention trial with 7447 participants through a Mediterranean dietary intervention (Estruch, NEJM 2013). Prof. Martínez-González is the PI of the European Research Council Advanced Research Grant to fund the PREDIMED-PLUS trial (http://cordis.europa.eu/project/rcn/188509_en.html, an on-going trial with 6,874 participants assessing the cardiovascular effect of an energy restricted Mediterranean diet with physical activity and weight loss). Both the PREDIMED-1 (11 recruitment centres) and the PREDIMEDPLUS multicentre trial (23 centres) commenced in Prof. Martínez-González's centre (vanguard centre), which informed the design of the other centres.